

Mata Sahib Kaur College of Nursing , Mohali
Plan of Thesis (admitted in Batch 2018-2020)

Sr no	Name of the Candidates	Specialty	Topic of thesis
1.	Astha Gumber	M.Sc (Obstetric and Gynaecological Nursing)	A quasi-experimental study to assess the effectiveness of saddle pillow on episiotomy pain and level of comfort during breastfeeding among postnatal mothers admitted in selected hospitals of district Mohali, Punjab.
2.	Archana Rana	M.Sc (Obstetric and Gynaecological Nursing)	A quasi-experimental study to assess the effectiveness of breast massaging sessions on prevention of breast engorgement among primipara mothers admitted in selected hospitals of district Mohali, Punjab.
3.	Gazala Khursheed	M.Sc (Obstetric and Gynaecological Nursing)	A quasi-experimental study to assess the effectiveness of garlic scented mustard oil foot massage on fatigue after childbirth among postnatal mothers in selected hospitals of district Mohali, Punjab
4.	Pawandeep Kaur	M.Sc (Obstetric and Gynaecological Nursing)	A descriptive study to assess the level of participation and factors affecting participation in selected supportive activities related to childrearing among fathers residing in selected urban areas of Mohali, Punjab.
5.	Lovepreet Bains	M.Sc (Mental Health (Psychiatric) Nursing)	A comparative study to assess the level of occupational stress among graduate and postgraduate nursing teachers in selected Nursing Colleges of District Mohali, Punjab with a view to develop an informational booklet on stress coping strategies.
6.	Ruchi	M.Sc (Mental Health (Psychiatric) Nursing)	A pre-experimental study to assess the effectiveness of guided meditation technique on stress reduction among elderly people residing in selected old age homes of Tricity.
7.	Ruchika Sharma	M.Sc (Mental Health (Psychiatric) Nursing)	A quasi-experimental study to evaluate the effectiveness of Yoga Nidra on stress among old age people residing in selected old age homes of Chandigarh Tricity.
8.	Jaswinder Kaur	M.Sc (Mental Health (Psychiatric) Nursing)	A pre-experimental study to assess the effectiveness of laughter therapy on stress among elderly residing in selected old age homes of Chandigarh Tricity
9.	Gurleen Kaur Gill	M.Sc (Mental Health (Psychiatric) Nursing)	An Exploratory study to assess the factors Influencing Suicidal Ideation and its Coping Strategies among Nursing Students in selected Nursing Colleges of District Mohali, Punjab with a view to develop an informational booklet on Coping Strategies.
10.	Neha Sharma	M.Sc (Community Health Nursing)	A quasi-experimental study to assess the effectiveness of structured teaching program on knowledge regarding health hazards of plastic usage among students of selected high schools of district Mohali, Punjab.
11.	Shabeena Majeed	M.Sc (Community Health Nursing)	A quasi-experimental study to assess the effectiveness of hot water compress with Epsom salt on joint pain among people in selected areas of district Mohali, Punjab.
12.	Asma Javid	M.Sc (Community Health Nursing)	A descriptive study to assess the knowledge and utilization of Janani Shishu Suraksha Yojana (JSY) and Pradhan Mantri Matritva Vandana Yojana (PMMVY) among the women of urban slums of district Mohali, Punjab with a view to develop an informational booklet.
13.	Gunveen Kour	M.Sc (Child Health (Pediatric) Nursing)	An exploratory study to assess the usage of electronic media and its impact on selected traditional play and health with a view to provide a need-based education among children in selected schools of district Mohali, Punjab.
14.	Kiran Thakur	M.Sc (Child Health (Pediatric) Nursing)	A quasi-experimental study to assess the effectiveness of demonstrating modified Bass technique on way of brushing among children in selected orphanages of Tricity
15.	Heena Kumari	M.Sc (Child Health (Pediatric) Nursing)	A quasi-experimental study to assess the effectiveness of hands-on skill training program on knowledge and skills on first aid for choking among mothers of children in selected community areas of district Mohali, Punjab.
16.	Poonam	M.Sc (Child Health (Pediatric) Nursing)	An experimental study to assess the effectiveness of oral glucose on pain level during immunization among infants in selected hospitals of district Mohali, Punjab

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17.	Shiwani Sharma	M.Sc (Medical Surgical Nursing)	A quasi experimental study to evaluate the effectiveness of massage with ginger oil on knee pain, knee stiffness and physical functioning among senior citizens residing at selected areas of district Mohali, Punjab.
18.	Damini Panwar	M.Sc (Medical Surgical Nursing)	A quasi experimental study to evaluate the effectiveness of massage with ginger oil on knee pain, knee stiffness and physical functioning among senior citizens residing at selected areas of district Mohali, Punjab
19.	Prabhjeet Kaur	M.Sc (Medical Surgical Nursing)	A quasi experimental study to assess the effectiveness of ophthalmic exercises on asthenopia among adults working on computers in selected information technology companies of district Mohali, Punjab.
20.	Monica Sharma	M.Sc (Medical Surgical Nursing)	A quasi experimental study to assess the effectiveness of computer assisted teaching on knowledge and attitude regarding safe handling of chemotherapeutic agents among staff nurses working in selected hospitals of district Mohali, Punjab.
21.	Sonia	M.Sc (Medical Surgical Nursing)	A quasi experimental study to assess the effectiveness of computer assisted teaching on knowledge regarding screening methods to detect breast cancer among women residing in selected areas of district Mohali, Punjab.